Figure 2. from Empirical Tidal Dissipation in Exoplanet Hosts From Tidal Spin-up null 2018 AJ 155 165 doi:10.3847/1538-3881/aaaf71 https://dx.doi.org/10.3847/1538-3881/aaaf71 © 2018. The American Astronomical Society. All rights reserved.

8.07.5 7.0 6.5 $\log_{10} Q_{\star}'$ 5.5 5.0 4.54.00.5 1.0 1.5 2.0 2.5 P_{tide} [days]